

When are voice screenings offered?

Our voice screenings are offered the last Thursday of each month. Each screening takes approximately 20 minutes, with appointments available from 3:00 p.m. to 5:00 p.m.

How do I schedule a voice screening?

Please call 443-849-2087 between the hours of 8:00 a.m. and 4:30 p.m., Monday to Friday to schedule a screening appointment. Please arrive 10 minutes prior to your scheduled time to fill out the necessary paperwork and screening information.

Is there a fee?

There is a nominal fee of \$15 per screening. Credit cards, cash or checks are accepted.



GBMC includes Greater Baltimore Medical Center, Gilchrist Hospice Care and GBMC Foundation.

Directions to GBMC

1 Physicians Pavilion West
D Daffodil Park
R Rose Park
2 Hospital Main Entrance
3 GBMC Oncology Center Entrance
4 Physicians Pavilion East
I Iris Park

From I-695, take Exit 25 onto North Charles Street. Go approximately two miles and make a left into the main entrance of GBMC. Bear right after passing through the guard gate. Follow signs to Daffodil Park. Proceed to Physicians Pavilion West, Suite 401.

Parking fees may vary.

The Milton J. Dance, Jr., Head & Neck Center

Greater Baltimore Medical Center
6569 N. Charles Street
Physicians Pavilion West, Suite 401
Baltimore, MD 21204

443-849-2087

www.gbmc.org/mjdanceheadandneck
www.gbmc.org/voice

The Milton J. Dance, Jr.,
Head & Neck Center

VOICE SCREENING



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The voice treatment program at The Milton J. Dance, Jr. Head and Neck Center specializes in state-of-the-art diagnostic and therapeutic services to individuals of all ages who present with a variety of voice disorders.

Who benefits?

Our patients include professional and non-professional singers, speakers, teachers, clergy, attorneys, sales people, actors, elected officials, cheerleaders, coaches or any individual experiencing vocal difficulties.

Need for screening

Hoarseness or persistent throat pain is often associated with the common cold or upper respiratory infection. Many people may dismiss these symptoms. However, hoarseness may be a symptom of a more serious condition, which warrants evaluation by physicians and speech-language pathologists.

Left untreated, voice and throat disorders can adversely affect the professional and social lives of many people in addition to their long-term health.

The Milton J. Dance, Jr., Head and Neck Center offers voice screenings. This provides an educational resource to the community regarding vocal health and hygiene as well as recommendation for an examination by otolaryngologists as needed.

How it works

There are two parts of the screening:

- Be prepared to answer questions about:
 - Medical History
 - Surgeries
 - Allergies
 - Medications
 - Voice Use
 - Diet
 - Daily Water Consumption
 - Voice symptoms, if any
- Acoustic analysis measures the quality or resonance of your voice as you speak into a microphone
- *(Optional)* Visualization of the larynx with a thin, flexible scope that passes through the nose. Participants are given a picture of their larynx and a referral sheet. The referral sheet will state whether your voice is within normal limits or whether you should see a physician.

How it helps

A voice screening can be useful to:

- Determine the presence of potential laryngeal pathology and who may be the appropriate professional to evaluate the voice disorder (i.e. Voice Teacher, Ear, Nose and Throat Physician, Allergist, etc.)
- Provide you with a baseline picture of your healthy larynx as a source of comparison if experiencing voice problems later
- Receive education on the normal functioning of the larynx

Voice Disorders

Some examples of voice disorders include: reflux symptoms, nodules, polyps, cysts, dysphonia and muscle tension. Voice disorders are most often treated by voice therapy, medication, surgery or a combination of these methods.

Our Services

In addition to our broad oncology service for the head and neck cancer patient, the Milton J. Dance, Jr., Head and Neck Center also serves:

- Professional voice users
- Patients with neurogenic disorders such as Spasmodic Dysphonia, Parkinson's, ALS and Multiple Sclerosis
- Anyone experiencing vocal problems