

The Milton J. Dance
HEAD & NECK CENTER

Patient Name:					Date:	
	Head & Neck Surgeons	Radiation Oncologists	Medical Oncologists	Dance Head & Neck Team	Dentist / Prosthodontist	Rehabilitative Medicine
Providers	Ray Blanco, MD Farzad Masroor, MD 443-849-8940	Geoffrey Neuner, MD Kruti Patel, MD 443-849-2540	Mei Tang, MD Ari Elman, MD 443-849-3051	Speech Pathologist Otolaryngology Nurse Oncology Social Worker Oncology Dietitian 443-849-2087	Ghassan Sinada, DDS Eugenio Aquino, DDS 443-519-5293	Alan Kimmel, MD, Lymphedema, Physical and Occupational Therapy 443-849-6210
Post Treatment Care Plan						
1 month	<input type="checkbox"/> Post treatment care. Order imaging for 3-month f/u		<input type="checkbox"/> Surveillance	<input type="checkbox"/> Dance Team	<input type="checkbox"/> Dental follow-up *wait 6 months post-treatment for first cleaning	<input type="checkbox"/> Lymphedema & Rehab team
2 months		<input type="checkbox"/> Surveillance				
3 months	<input type="checkbox"/> Surveillance Review imaging		<input type="checkbox"/> Surveillance	<input type="checkbox"/> Dance Team; Modified Barium Swallow	<input type="checkbox"/> Dental follow-up	<input type="checkbox"/> Lymphedema & Rehab team
6 months	<input type="checkbox"/> Surveillance		<input type="checkbox"/> Surveillance, TSH	<input type="checkbox"/> Dance Team	<input type="checkbox"/> Dental follow-up	<input type="checkbox"/> Lymphedema & Rehab team
9 months		<input type="checkbox"/> order imaging for 12-month f/u				<input type="checkbox"/> Lymphedema & Rehab team
12 months	<input type="checkbox"/> Surveillance Review imaging		<input type="checkbox"/> Surveillance, TSH	<input type="checkbox"/> Dance Team	<input type="checkbox"/> Dental follow-up	<input type="checkbox"/> Lymphedema & Rehab team
15 months		<input type="checkbox"/> Surveillance				
18 months	<input type="checkbox"/> Surveillance		<input type="checkbox"/> Surveillance, TSH		<input type="checkbox"/> Dental follow-up	
21 months		<input type="checkbox"/> order imaging for 24-month f/u				<input type="checkbox"/> Lymphedema & Rehab team
24 months	<input type="checkbox"/> Surveillance Review imaging		<input type="checkbox"/> Surveillance, TSH	<input type="checkbox"/> Dance Team; Modified Barium Swallow	<input type="checkbox"/> Dental follow-up	
2.5 years		<input type="checkbox"/> Surveillance, TSH			<input type="checkbox"/> Dental follow-up	
3 years	<input type="checkbox"/> Surveillance		<input type="checkbox"/> Surveillance, TSH		<input type="checkbox"/> Dental follow-up	
3.5 years		<input type="checkbox"/> Surveillance, TSH			<input type="checkbox"/> Dental follow-up	
4 years	<input type="checkbox"/> Surveillance				<input type="checkbox"/> Dental follow-up	
4.5 years		<input type="checkbox"/> TSH; order carotid duplex			<input type="checkbox"/> Dental follow-up	
5 years	<input type="checkbox"/> TSH /review results of carotid duplex				<input type="checkbox"/> Dental follow-up	

*Note: Not all tests or treatment team members apply to all patients. Some may be non-applicable.

Multidisciplinary Clinical Care Plan (CP)

Your Care Plan scheduler is ready to assist with all scheduling needs:

(443) 849-2087

What is a care plan?

Your care plan is a way for us to ensure that we keep track of how you are doing after your cancer treatments.

When will I be scheduled for my appointments?

After treatment... You will receive a call from our front desk staff to schedule your care plan appointments.

Who is involved?

Your team of head and neck surgeons, medical oncologists, radiation oncologists, speech pathologists, registered dietitian, social workers and nurse specialist each have a role in your care plan. You will see one, more or all of the members of your multidisciplinary team. (see front of this form).

Why do I need a care plan?

National Comprehensive Cancer Network (NCCN) provides guidelines for when you should be seen by your doctor and other professionals so you can have the best quality care (www.nccn.org). Your care plan follows these guidelines.

What is Surveillance?

Surveillance is a term used to describe ongoing and close monitoring of you, performed by your team of physicians, to allow early detection of recurrent or new tumors and to manage any post-treatment-related issues or concerns.

What is TSH?

Thyroid Stimulating Hormone. Radiation therapy to the head and neck can often result in an underactive Thyroid, months to years after radiation is completed. Thyroid function will be evaluated by monitoring the TSH level in your blood. Signs of an underactive thyroid may include fatigue, depression, dry skin, constipation, and cold insensitivity. An underactive thyroid may be treated with a prescription medicine (Synthroid).

What is a Carotid Duplex?

Radiation therapy to the neck may result in the development of carotid artery stenosis (narrowing of the artery) many years after radiation was completed. A carotid duplex examines the carotid artery by ultrasound. If a stenosis is noted, you will be referred to a vascular surgeon for further evaluation and treatment.

What is Dental Follow-Up?

A very important component of dental health is the dental "check-up" or follow-up exam, that usually occurs at the same time as the dental cleaning.

What is Lymphedema?

Lymphedema is a buildup of fluid that occurs when lymph vessels are unable to adequately drain fluid, and can occur after treatment for cancer both externally of the face and neck as well as internally in the mouth and throat. The lymphedema team can work with you to monitor or help control the symptoms of persistent swelling.