



<https://hipkneeinfo.org/>

When you've made the decision to have joint replacement surgery, use these resources to supplement discussions with your surgeon. <https://hipkneeinfo.org/>

Podcasts, videos and patient testimonials provide additional insights and information.

- Total Knee Replacement, learn about surgery and knee replacement options: <https://hipkneeinfo.org/knee-care/total-knee-replacement/>
- Total Hip Replacement, here are the most common questions asked about having a total hip replacement: <https://hipkneeinfo.org/hip-care/total-hip-replacement/>
- It is Important to Stop Smoking Before Knee Replacement: <https://hipkneeinfo.org/knee-care/it-is-important-to-stop-smoking-before-knee-replacement/>
- It is Important to Stop Smoking Before Hip Replacement: <https://hipkneeinfo.org/hip-care/it-is-important-to-stop-smoking-before-hip-replacement/>
- A Guide to Returning to Sexual Activity Following Hip Replacement Surgery: <https://hipkneeinfo.org/hip-care/a-guide-to-returning-to-sexual-activity-following-hip-replacement-surgery/>
  - Pdf: <https://hipkneeinfo.org/wp-content/uploads/2024/04/A-Guide-to-Returning-to-Sexual-Activity-Following-Hip-or-Knee-Replacement-Surgery.pdf>
- How to Relieve Pain After Hip or Knee Surgery: <https://hipkneeinfo.org/general/how-to-relieve-pain-after-hip-or-knee-surgery/>
- Tips for getting a good night's sleep after hip or knee replacement surgery:
  - Knee <https://hipkneeinfo.org/knee-care/getting-a-good-nights-sleep-after-knee-replacement-surgery/>
  - Hip <https://hipkneeinfo.org/hip-care/getting-a-good-nights-sleep-after-hip-replacement-surgery/>
- Traveling After Hip Replacement: <https://hipkneeinfo.org/hip-care/traveling-after-hip-replacement-surgery/>
- Traveling After Knee Replacement: <https://hipkneeinfo.org/knee-care/traveling-after-knee-replacement-surgery/>
- TSA: What are the procedures if I have an internal or external medical device, such as a pacemaker or metal implant? <https://www.tsa.gov/travel/frequently-asked-questions/what-are-procedures-if-i-have-internal-or-external-medical-device>
- TSA's Notification Card: [https://www.tsa.gov/sites/default/files/disability\\_notification\\_card\\_508.pdf](https://www.tsa.gov/sites/default/files/disability_notification_card_508.pdf)
- Where to Find Credible Joint Care Information: <https://hipkneeinfo.org/hip-care/where-to-find-credible-joint-care-information/>



OrthoInfo AAOS  
AMERICAN ACADEMY OF  
ORTHOPAEDIC SURGEONS



[OrthoInfo - Patient Education | AAOS](#)

*OrthoInfo is the patient education website of the American Academy of Orthopaedic Surgeons (AAOS). The site provides patients and their families with convenient, online access to more than 450 easy-to-understand articles and videos on orthopaedic conditions and treatments, injury prevention, rehabilitation, and healthy living.*

*OrthoInfo was created to support orthopaedic surgeons in their discussions with patients by providing trustworthy and nonbiased online educational resources.*

*Several articles on the site are designed to help patients prepare for their orthopaedic procedures.*

- Before and After Total Joint Replacement:  
<https://orthoinfo.aaos.org/en/treatment/before-and-after-total-joint-replacement-video/>
- Outpatient Total Joint Replacement:  
<https://orthoinfo.aaos.org/en/treatment/outpatient-joint-replacement-surgery/>
- Preparing for Joint Replacement Surgery:  
<https://orthoinfo.aaos.org/en/treatment/preparing-for-joint-replacement-surgery/>
- Joint Replacement for Patients With Limited Social or Financial Resources: [Joint Replacement for Patients With Limited Resources - OrthoInfo - AAOS](#)
- Preparing for Surgery: Health Condition Checklist:  
<https://orthoinfo.aaos.org/en/treatment/preparing-for-surgery-health-condition-checklist/>
- Orthopaedic Surgery and Smoking: <https://orthoinfo.aaos.org/en/treatment/surgery-and-smoking/>
- Obesity, Weight Loss, and Joint Replacement Surgery:  
<https://orthoinfo.aaos.org/en/treatment/weight-loss-and-joint-replacement-surgery/>
- Joint Replacement Infection and prevention: <https://orthoinfo.aaos.org/en/diseases--conditions/joint-replacement-infection/>
- Plain Language Summary Periprosthetic Joint Infections of the Hip and Knee:  
[https://orthoinfo.aaos.org/globalassets/pdfs/periprosthetic-joint-infections-cpg\\_pls.pdf](https://orthoinfo.aaos.org/globalassets/pdfs/periprosthetic-joint-infections-cpg_pls.pdf)
- Sexual Activity After Hip Replacement: <https://orthoinfo.aaos.org/en/recovery/sexual-activity-after-hip-replacement/>