

KNOW WHERE TO GO



If you are unsure, call your primary care office first.

If your condition feels life-threatening or could worsen quickly, call 911.

	Emergency Department or Call 911	Padonia Plus Same Day Appointment	Telehealth On-Demand Visit	Primary Care
Symptoms				
Stroke or heart attack symptoms	✓			
Head, spinal cord or eye injuries	✓			
Poisonings or drug overdose	✓			
Severe Bleeding/Burns, Uncontrollable Pain	✓			
Thoughts or suicide or self-harm	✓			
Flu, cold, and sore throats		✓	✓	✓
Minor - asthma attacks or allergic reactions		✓	✓	✓
Minor - cuts, burns, sprains, or strains		✓	✓	✓
Questions about physical & mental health medications				✓
Check-ups, physicals, or screenings				✓
Chronic condition management (diabetes, hypertension, asthma, allergies, etc)				✓