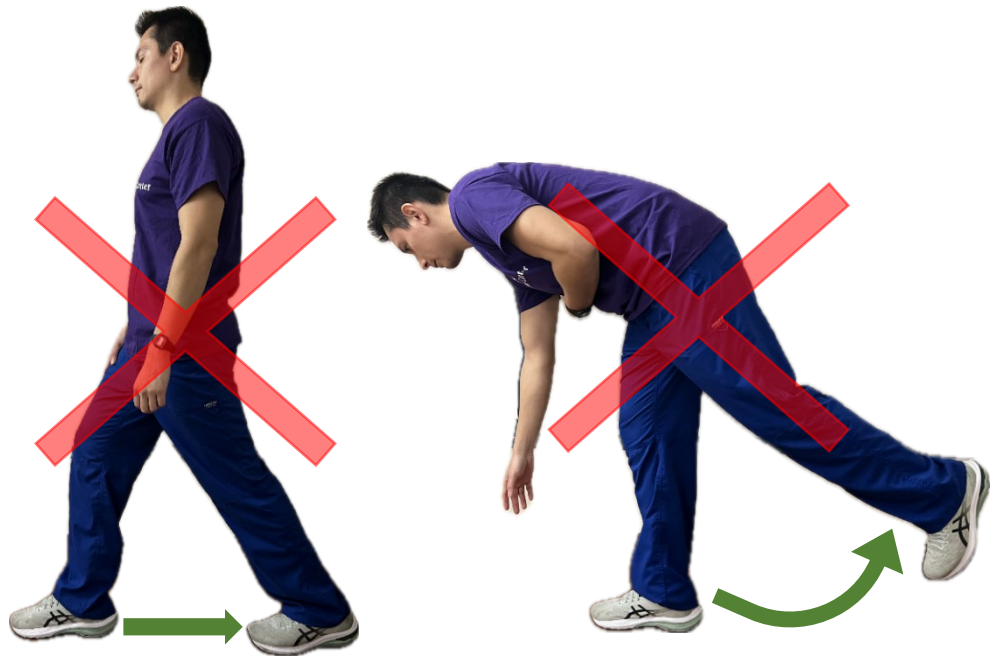


Greater Baltimore Center for Rehabilitation Medicine
Acute Care Physical & Occupational Therapy
Direct Anterior Hip Precautions

DO NOT
take a big step
backwards or
extend your
leg behind
you.



DO NOT cross your
operated leg while seated
and **do not** place your ankle
on your opposite knee.



**Hip Replacement Post-op
Precautions Videos**

Use the QR code to view videos for
Direct Anterior Hip Precautions.