

**Hereditary Cancer Risk Assessment Program  
Greater Baltimore Medical Center  
The Harvey Institute for Human Genetics**

Please complete this questionnaire prior to your appointment and send it back to us either via email, fax, or mail. This information is important for your visit.

**Contact Information:**   **Phone:** 443-849-3131  
                                  **Email:** [clinicalgenetics@gbmc.org](mailto:clinicalgenetics@gbmc.org)  
                                  **Fax:** 443-849-2919

**Location:** Greater Baltimore Medical Center, 6701 N. Charles St. Ste 2326, Towson, MD 21204  
We are located on the 2<sup>nd</sup> floor of the main hospital, near labor and delivery. Valet parking is available outside the maternity entrance or the nearest parking garage is the Lily garage.

**Frequently Asked Questions**

**What is the purpose of a hereditary cancer risk assessment?** We assess the likelihood of a genetic risk factor for cancer in you and/or your family based on information about your personal and family history. We may recommend genetic testing, additional or more frequent cancer screening , and/or ways to reduce cancer risk.

**Will my insurance cover the cost of the visit and any genetic testing?** Yes, most likely. The visit and any genetic testing are billed separately to your insurance. For the visit, we accept all insurances with which GBMC maintains contracts. Our administrative staff would be happy to assist you in determining if your insurance maintains a contract with GBMC. If you are subject to a co-pay, co-payments are at the specialist rate. If your insurance requires a referral to see a specialist, it is your responsibility to obtain this prior to your appointment.

Any genetic testing is sent to outside laboratories and billed by that laboratory. In our experience for most of our patients, genetic testing is covered by their insurance. However, once we determine what type of testing would be most appropriate we will be able to provide you with additional information regarding your insurance coverage for genetic testing. Unfortunately, we are usually not able to provide this information before your initial visit, as coverage is usually based upon our risk assessment.

**My insurance requires prior authorization for genetic testing, should my physician or I get this before my visit?** No. If prior authorization is required, we or the laboratory will obtain this on your behalf prior to the start of any testing. In order to obtain prior authorization a letter of medical necessity is usually required, which we can write once we have reviewed your personal and/or family history. Please note that if prior authorization is required prior to testing, we are often still able to draw a blood sample for genetic testing on the day of your initial visit and ask the lab to hold the sample until prior authorization is obtained.

**Can my employer or health insurance use my genetic test result against me?** In 2008 a federal law known as the Genetic Information Nondiscrimination Act (GINA) was passed to prohibit discrimination based on genetic information by employers and health insurance companies. For more information,

please see [www.dnapolicy.org/gina](http://www.dnapolicy.org/gina). Our genetic counselor will also be able to discuss this issue with you further during your visit.

**Can I have genetic testing without formal genetic counseling?** No. We do not offer genetic testing without genetic counseling because it is important to review your complete medical and family history. There are many types of genetic risk factors for cancer and it is in your best interests to have a complete assessment by an expert in cancer genetics to make sure the most appropriate tests are ordered. In addition, we spend time discussing the benefits and limitations of genetic testing along with providing result interpretation and medical management.

**If I come in for an appointment, am I required to have genetic testing?** No. During your appointment we may discuss the option of genetic testing but it is your choice to proceed, not proceed, or wait to test.

### **Demographic Information:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Maiden name: \_\_\_\_\_ Suffix: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Current Age: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Sex at Birth: \_\_\_\_\_ Gender Identity: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

Preferred phone number(s): \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Marital Status: \_\_\_\_\_

### **Primary Insurance Information:**

Insurance Name: \_\_\_\_\_ Member ID: \_\_\_\_\_ Group ID: \_\_\_\_\_

Claim's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_ Subscriber's Name: \_\_\_\_\_

Subscriber's DOB: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

### **Secondary Insurance Information:**

Insurance Name: \_\_\_\_\_ Member ID: \_\_\_\_\_ Group ID: \_\_\_\_\_

Claim's Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_ Subscriber's Name: \_\_\_\_\_

Subscriber's DOB: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

## **Medical History Questions:**

**All Patients:**

<b>Were you referred by a specific physician?</b>	<b>Name/Specialty:</b>
<b>Do you have a primary care provider?</b>	<b>Name:</b>
<b>What is the reason for the appointment, or do you have any specific concerns or questions?</b>	
<b>Have you ever been diagnosed with cancer?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No Type of cancer: _____ Age at Diagnosis: _____ Type of cancer: _____ Age at Diagnosis: _____ Type of cancer: _____ Age at Diagnosis: _____
<b>Have you ever had genetic testing (related to cancer)?</b> (please include a copy of your report if possible)	<input type="checkbox"/> Yes <input type="checkbox"/> No Approximate date: _____ Results: _____
<b>Has anyone in your family ever had genetic testing?</b> (please try to obtain and include a copy of their report, or bring to your appointment)	<input type="checkbox"/> Yes <input type="checkbox"/> No Relative(s): _____ Results: _____
<b>Have you ever had a colonoscopy?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
When was your most recent colonoscopy?	Month/Year _____
Have you ever had any colon or rectal polyps?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes:	Number of polyps: _____ Age at first polyp: _____
<b>Have you ever had an unusual skin findings?</b>	<input type="checkbox"/> Yes Please describe _____ <input type="checkbox"/> No
<b>Have you have ever used tobacco?</b>	<input type="checkbox"/> Current <input type="checkbox"/> Past <input type="checkbox"/> Never
<b>Do you drink alcohol?</b>	<input type="checkbox"/> Yes #drinks/week <input type="checkbox"/> No

**For Women Only:**

<b>How old were you when you got your first period?</b>	Age _____
<b>How many years have you taken birth control pills?</b>	# Years: _____ <input type="checkbox"/> Never did
<b>How old were you when you had your first child?</b>	Age _____ <input type="checkbox"/> No biological children
<b>Do you examine your breasts every month for suspicious lumps or changes?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes

<b>Do you get a mammogram annually?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Sometimes
When was your most recent mammogram?	Month/Year_____
<b>If you have NEVER had breast cancer, how many breast biopsies have you had?</b>	Number:_____ <input type="checkbox"/> N/A
Did any of the biopsies show atypical hyperplasia?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure
Did any of the biopsies show LCIS?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure
<b>Have you had a mastectomy (surgical removal of one or both breasts)?</b>	<input type="checkbox"/> No <input type="checkbox"/> One <input type="checkbox"/> Both
<b>Have you had a hysterectomy (surgical removal of uterus)?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Have you had an oophorectomy (surgical removal of the ovaries)?</b>	<input type="checkbox"/> No <input type="checkbox"/> One <input type="checkbox"/> Both
<b>Have you ever used hormone replacement therapy?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Have you ever taken tamoxifen (to treat or prevent breast cancer)?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Have you experienced menopause?</b>	<input type="checkbox"/> Yes    If yes, what age?_____ <input type="checkbox"/> No

**For Men Only:**

<b>Do you undergo regular prostate cancer screening with PSA blood tests?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
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**Family history**

Instructions: Please do the best you can to complete the following information.

- If there is not enough space for all relatives to be listed, please list answers on a separate sheet of paper.
- Please include all blood relatives whether or not they have had cancer.

<b>Are you adopted?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Are any of your relatives of Ashkenazi Jewish descent?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not sure
<b>What countries are your mother's ancestors originally from?</b>	
<b>What countries are your father's ancestors originally from?</b>	

**Your parents and grandparents:**

First Name	Alive/ Deceased (A/D)	Current age/Age at death	History of cancer? Y/N	Location of cancer (breast, lung, etc.)
Mother				
Father				
Mother's mother				
Mother's father				
Father's mother				
Father's father				

**Your children (sons and daughters):**

First Name	Alive/ Deceased (A/D)	Current age/Age at death	History of cancer? Yes/No	Location of cancer (breast, lung, etc.)

**Your sisters and brothers:**

First Name	Same mother as you? (Y/N)	Same father as you? (Y/N)	Alive/ Deceased (A/D)	Current age/ Age at death	History of cancer? Y/N	Location of cancer (breast, lung, etc.)	# of male children	# of female children


Please specify any nieces or nephews with cancer:

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**Your Aunts & Uncles (on your mother's side):**

First Name	Alive/ Deceased (A/D)	Current age/Age at death	History of cancer? Y/N	Location of cancer (breast, lung, etc.)	# of male children	# of female children

Please specify any cousins on your mother's side with cancer:

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**Your Aunts & Uncles (on your father's side):**

First Name	Alive/ Deceased (A/D)	Current age/Age at death	History of cancer? Y/N	Location of cancer (breast, lung, etc.)	# of male children	# of female children


Please specify any cousins on your father's side with cancer:

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Do you have any other relatives with cancer? Please specify their relationship and the type of cancer.

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