Please call the Voice Center at 443-849-2087 with any questions concerning your evaluation.
Frequently Asked Questions

What happens during the evaluation?

- **Step 1: Voice Questionnaire**
  The patient will complete a questionnaire regarding the onset and duration of his or her voice problem and medical history.

  Please inform the physician and speech-language pathologist if you have had any reactions to anesthesia in the past.

- **Step 2: Acoustic Analysis of Voice**
  A speech-language pathologist will ask you to speak and/or sing into a microphone. Computer analysis of your voice quality will then be performed.

- **Step 3: Laryngeal Stroboscopy**
  The physician will insert a small scope towards the back of the mouth. It does not go down the throat. A numbing agent may be administered for your comfort during the procedure. Most people tolerate this procedure with minimal discomfort. The scope provides a telescopic view of your larynx/voice box.

  The speech-language pathologist will then ask you to perform various voice tasks to look at the movement of your vocal folds and condition of your larynx.

  If necessary, a flexible scope may be passed through your nasal passage to gain additional information.

How long does it take?

The entire evaluation will take about 60 minutes. However, the total time the scope is in the mouth is approximately five minutes.

When will I receive the results?

You will receive the results immediately following the evaluation. The physician and speech-language pathologist will review your results and provide recommendations including plan of care, voice therapy, medication prescriptions, follow-up referrals or surgery.

How do I need to prepare?

There is no preparation required for the procedure. You may eat or drink as you wish. Please arrive 15 minutes prior to your appointment to complete the necessary paperwork.

The Voice Center at GBMC specializes in state-of-the-art diagnostic and therapeutic services to individuals of all ages who present with a variety of voice disorders. Voice evaluations are performed jointly by a physician/otolaryngologist and speech-language pathologist.

Laryngeal Stroboscopy permits observation of how the vocal folds move. Abnormal vocal fold vibration is a major contributor to voice problems.

Stroboscopy uses a flashing light to create a slow motion view of the vocal folds allowing the identification of possible lesions and/or other abnormalities in vocal fold movement. This diagnostic information is important for treatment planning.